

Our Lady of Perpetual Help Dress Code and Uniform Policy

Uniform Seasons

- Summer/Spring=
 - Start of school until Thanksgiving
 - Spring Break until the end of school
- Winter= Thanksgiving to Spring Break

Uniform Types

- Dress= The school's formal school uniform
- PE= The school's physical education uniform

Uniform Code for 1-year-old through 4-year-old Students

Preschool students are not required to wear a specific uniform. Students should dress modestly and comfortably for active play. Please note the following:

- Pants, capris, or shorts that fit and are comfortable for active play
- Skirts or dresses that are fingertip length when walking (shorts required underneath)
- Shirts with sleeves or straps- full length only, no mid-riff shirts
- Shoes that are closed at the toe
- No light-up shoes
- No torn or ripped clothing of any kind
- Suitable for outside play every day (send coat, gloves, hat, etc., when necessary)

Dress Uniform Code for grades K-8

All uniforms and uniform parts are available at Dennis Uniforms. All uniforms must be labeled with the student's name. All students must be in complete uniform upon entering school. Uniforms must be clean and pressed. A signed note from the parent/guardian will be needed at all times to be excused from any temporary uniform infraction, subject to approval by the principal. Uniforms are to remain intact until students leave the Our Lady of Perpetual Help property.

Male Students

All male students are required to have this uniform. Personal monogramming is not allowed. Dress uniforms are worn on Tuesday, Wednesday, and Thursday. PE uniforms are worn on Monday and Friday.

Grades K-4

- Dark blue polo knit shirt (long or short sleeves) with the school's emblem (available only at Dennis Uniforms)
- Khaki dress pants (year-round)
- Optional: Khaki dress shorts (option for summer/spring season only)
- Khaki, dark brown, or black belt
- Shoes: Suede Moc Slip-on Shoes (Brown) or Buck Suede Shoes (Tan)
 - Merrell is a brand of Suede Moc and Bass is a brand of Buck Suede. Shoes may be purchased at stores other than Dennis Uniforms.
- Crew length socks – khaki or white (no ankle socks or footies)
- Optional: Navy blue fleece jacket with school emblem

Grades 5-8

- White oxford button down shirt- short or long sleeved (all buttons must be intact)
- Blue and gold regimental stripe tie (available only at Dennis Uniforms)
- Khaki dress pants
- Dark brown or black leather belt (smooth or braided)
- Shoes: Suede Moc Slip-on Shoes (Brown), Buck Suede Shoes (Tan) or Leather Driving Moccasin (Brown)
 - Merrell is a brand of Suede Moc, Bass is a brand of Buck Suede, and Cole Han is a brand of Driving Moc. Shoes may be purchased at stores other than Dennis Uniforms and can be different brands than

those listed as long as they are very similar to the desired shoe in look and color.

- Crew length socks – khaki or white (no ankle socks or footies)
- Optional: Navy blue fleece jacket with school emblem
- Optional: White Undershirt

Female Students

All male students are required to have this uniform. Personal monogramming is not allowed. Dress uniforms are worn on Tuesday, Wednesday, and Thursday. PE uniforms are worn on Monday and Friday.

Grades K-2

- Wilson Plaid jumper (year-round)
- Optional: Wilson Plaid skort (option for summer/spring only)
- White peter pan collared shirt (long or short sleeved- tucked in if worn with skort)
- White Taylor Blouse with OLPH Logo (long or short sleeved)
- Navy or white knee socks or tights (not to be worn together and no leggings) or white crew socks
- Shoes: Black and white saddle shoes or Keds brand navy/white saddle tennis shoes
- Optional: Navy blue fleece jacket with OLPH Emblem
- Optional: Hair accessories must be in keeping with the school uniform (either navy, white, or the school plaid- no large hair accessories or materials that draw attention and may be distracting)
- Optional: White undershirt
- Optional: Modesty shorts under jumper (should not show below the hem of the jumper)

Grades 3-4

- Wilson Plaid jumper
- White peter pan collared shirt (long or short sleeved)
- White Taylor Blouse with OLPH Logo (long or short sleeved)
- Navy or white knee socks or tights (not to be worn together and no leggings) or white crew socks
- Shoes: Black and white saddle shoes or Keds brand navy/white saddle tennis shoes
- Optional: Navy blue fleece jacket with OLPH Emblem
- Optional: Hair accessories must be in keeping with the school uniform (either navy, white, or the school plaid- no large hair accessories or materials that draw attention and may be distracting)
- Optional: White undershirt
- Optional: Modesty shorts under jumper (should not show below the hem of the jumper)

Grades 5-8

- Wilson plaid skirt hemmed no shorter than two inches above or below the knee
- White Taylor Blouse with OLPH Logo (long or short sleeved)
- Navy Sweater Vest (required for winter uniform, optional for summer/spring)
- Shoes: Black and white saddle shoes or topsider style boat shoe in linen/oat
 - Sperry Top-Sider Bluefish Loafer in linen/oat is a brand of acceptable boat shoe
- Navy or white knee socks or tights (not to be worn together and no leggings) or white crew socks
- Optional: Navy blue fleece jacket with OLPH Emblem
- Optional: Hair accessories must be in keeping with the school uniform (either navy, white, or the school plaid- no large hair accessories or materials that draw attention and may be distracting)
- Optional: White undershirt
- Optional: Modesty shorts under skirt (should not show below the hem of the skirt)

All girls and boys out of uniform will be issued and “out of uniform” infraction. Parents will be called to bring the appropriate items. Multiple infractions could result in detention or Saturday school. Failure of family compliance with the dress code could result in dismissal from Our Lady of Perpetual Help Catholic School.

PE Uniform Code

Students must wear a complete PE outfit to school on PE days. Athletic (tennis) shoes must be worn with white socks. Shoes should not have lights, jewels, wheels, or decoration that may cause injury or be distracting.

Female and Male Students Grades K-4

Time of Year	Top	Bottom
August – Thanksgiving	PE t-shirt with short or long sleeves (depending on availability of long sleeves) Optional: Warm-up Jacket	PE Shorts OR Warm Up Pant or Sweatpants (for small sizes only)
Thanksgiving – Spring Break	PE t-shirt with short or long sleeves (depending on availability of long sleeves) Optional: Warm-up Jacket	Warm Up Pant or Sweatpants (for small sizes only) No Shorts
Spring Break- May	PE t-shirt with short or long sleeves (depending on availability of long sleeves) Optional: Warm-up Jacket	PE Shorts OR Warm Up Pant or Sweatpants (for small sizes only)

Female and Male Students Grades 5-8

Time of Year	Top	Bottom
Year-Round	PE t-shirt with short or long sleeves (depending on availability of long sleeves) Optional: Warm-up Jacket	Warm Up Pant Shorts may be worn under Warm Up Pant for PE Class

Casual Day K-4, Male and Female Students

On designated days, students will be allowed to wear casual clothing.

- Pants that fit and are full length (jeans, khakis)
- Capris pants or shorts that are loose fitting, leggings cannot be worn as pants
- Skirts and dresses that are finger-tip length when walking (Leggings may be worn under skirts or dresses)
- Shirts with collar
- OLPH t-shirts/sweatshirts
- Plain t-shirts or t-shirts with appropriate words, phrases, graphics etc.
- Shirts with sleeves, and full length- NO: mid-riffs shirts, spaghetti straps, or sleeveless shirts
- Shoes must be closed at toes
- No torn or ripped clothing of any kind is allowed
- No jewelry (other than what is normally allowed), make-up, or nail polish

Casual Day 5-8, Male and Female Students

On designated days, students will be allowed to wear casual clothing.

- Pants that fit and are full length (jeans, khakis)
- Capris pants that are loose fitting, leggings cannot be worn as pants
- Skirts and dresses that are finger-tip length when walking (Leggings may be worn under skirts or dresses)
- No shorts are allowed
- Shirts with collar
- OLPH t-shirts/sweatshirts
- Plain t-shirts or t-shirts with appropriate words, phrases, graphics etc.
- Shirts with sleeves, and full length- NO: mid-riffs shirts, spaghetti straps, or sleeveless shirts
- Shoes must be closed at toes
- NO torn or ripped clothing of any kind is allowed
- NO jewelry (other than what is normally allowed), make-up, or nail polish

Any student who does not follow the guidelines for casual day will call his/her parents, and parents will be asked to bring in the appropriate clothing. If in doubt, don't wear it until you have cleared the item with your teacher or the administration.

The following is a list of clothing that may **NOT** be worn on casual day:

- Tank tops, sleeveless shirts, or spaghetti straps
- Clothing that exposes the midriff (stomach)
- Provocative or short skirts, dresses or blouses
- See-through patterns
- Jeans with holes
- Baggy, oversized clothing or tight clothing
- Skirts shorter than finger-tip length when walking
- Clothing with advertising, messages, or designs that promote or advertise drugs, alcohol, tobacco, violence, offensive slogans, acronyms, political messages or messages against our Catholic Christian faith
- Hats and caps
- Sandals or flip-flops of any kind
- Make-up or nail polish

Infractions of the dress code and grooming standards will be dealt with individually and immediately. Parents will be called to provide appropriate clothing.

Grooming Standards

Female Students – All Grades

- Hair should be kept neat and styled. No fad or extreme hairstyles, cornrows, multiple braids, or dyes, are allowed. No unnaturally colored hair is allowed. Hair must not fall over the eyebrows or face. No part of the head may be shaved.
- Fad or costume jewelry and bracelets of any kind are not permitted for girls. A single necklace with a cross or small religious medallion is permitted. Small, post earrings are allowed. No hoop or dangling earrings of any kind.
- Wristwatches are allowed. FitBit and Apple type watches are strongly discouraged and may be returned to the parent if they cause a distraction. Additionally, the school is not responsible for lost, stolen or damaged personal electronics.
- No cosmetics are allowed. Only clear nail polish may be worn.
- Shoes should not have writing on them and must be polished or cleaned as needed.
- No tattoos.

Male Students – All Grades

- The student's hair must be clean, well-groomed and in a style appropriate for school. Hair must be cut at a length well above the shirt collar and must not fall over the eyebrows or ears. No part of the head is to be shaved unless the entire head is shaved (as in a "Buzz" cut). No fad or extreme hairstyles, cornrows, multiple braids, or dyes, are allowed.
- Fad or costume jewelry is not permitted. No bracelets of any kind are allowed. Boys are not permitted to wear earrings or other piercings. One cross or small religious medallion is permitted.
- Wristwatches are allowed. FitBit and Apple type watches are strongly discouraged and may be returned to the parent if they cause a distraction. Additionally, the school is not responsible for lost, stolen or damaged personal electronics.
- Shoes must be free from holes, rips, or writing.
- No tattoos.

8th Grade Privilege

Eighth grade students are given specific dress code privileges. The exact uniform exception is granted on a year-by-year basis in consultation with the middle school teachers, pastor and administration. 8th grade privileges can be revoked when deemed necessary by the pastor and school administration.